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Tracy, CA 95304

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topshelforthopedics.com

**501790 Adult Tall**  
**Patient Height: 5'10" - 6'6"**

**501791 Adult**  
**Patient Height: 5'2" - 5'10"**

**501792 Youth**  
**Patient Height: 4'6" - 5'2"**

**501793 Pediatric**  
**Patient Height: 4'0" - 4'6"**

**Push Button • Adjustable**  
**Fully Assembled**

**LATEX FREE**

## Crutches

### CAUTION

**Maximum Weight Capacity**  
**300 lbs.**

Please read these instructions completely and carefully. Use after proper training under the direction of your health care professional.



# Crutches



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## Sizing Crutches

Even if you've already been fitted for crutches, make sure your crutch pads and hand grips are set at the proper distance, as follows:

- **Crutch pad distance from armpits:**

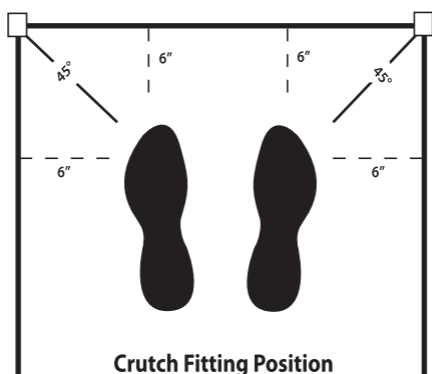
*The crutch pads (tops of crutches) should be 1½" to 2" (about two finger widths) below the armpits, with the shoulders relaxed.*

- **Hand grip:**

*Place it so your elbow is slightly bent - enough so you can fully extend your elbow when you take a step*

- **Crutch length (top to bottom):**

*The total crutch length should equal the distance from your armpit to about 6" in front of a shoe.*



### Warning:

Do not exceed the maximum weight capacity (300 lbs.) listed on your crutches. Use only as instructed by your healthcare provider. Always use extreme care when using crutches. Avoid all potential safety hazards including slippery, uneven or soft surfaces and objects in path. Failure to follow the above instructions may result in serious injury.

### Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of three months from the date of purchase.

### Caution:

For single patient use only.