



## Stable Sling/Universe Sling Only

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### Application Instructions:

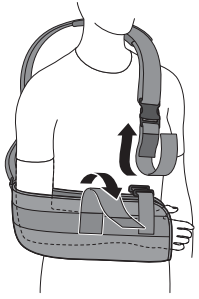


Fig. 1

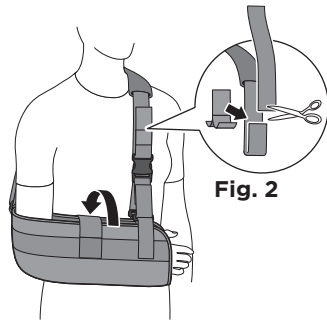


Fig. 2

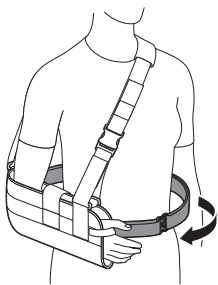


Fig. 3

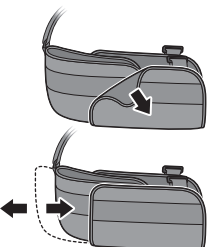


Fig. 4

**Indications:** Rotator cuff repair, torn labral injuries, dislocation/subluxation of the shoulder, surgical repairs of the shoulder, shoulder strains, and capsular tightening.

### Figure 1

Slip the shoulder strap over your head, position the sling over the affected shoulder. Detach one side of the Velcro strap that is midway on the sling pouch to allow you to open up the sleeve to insert your arm. Place your arm in the sling pouch with your elbow tucked into the corner and position the thumb strap to your comfort.

### Figure 2

Adjust for length by removing the "Y" tab adapter, trimming the strap to length, and then re-affixing the "Y" tab adapter piece. Once properly fitted you can remove the sling by depressing the buckle assembly and slipping the sling pouch over your head. Re-secure the velcro strap midway on the sling pouch.

### Figure 3

Secure the optional waist strap by affixing the non-buckle end to the inside of the sling pouch at the elbow. Wrap the strap around the back and secure the buckle end to the front inside of the sling pouch.

### Figure 4

For the Universe Sling Only - Adjust the length of the sling pouch first by telescoping the forward and rear portions of the pouch to the desired length before you affix the optional waist strap in a similar manner as the standard Stable Sling pouch.

**Use & Care:** Hand wash in cold water using mild soap, rinse thoroughly.

**Warning:** This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

**Warranty:** Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

**Caution:** Federal Law (U.S.A) restricts this device for sale by or on the order of a licensed healthcare professional.