

topshelforthopedics.com  
Phone: 866.592.0488 • Fax: 209.834.8832  
Tracy, CA 95304  
1851 East Paradise Road, Suite A



# CMC Thumb Splint

## Instructions For Use

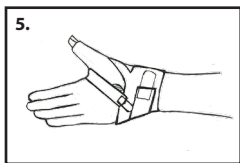
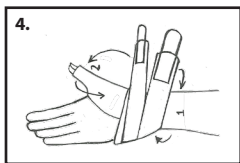
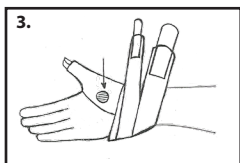
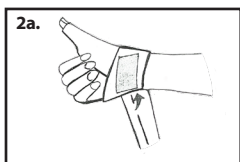
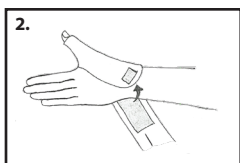
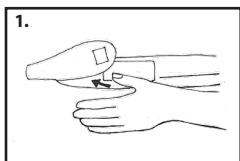
Please read these instructions completely and carefully before applying the product. Correct application of the product is important for proper function.



# CMC Thumb Splint

Please read these instructions completely and carefully before applying the product. Correct application of the product is important for proper function.

**Indications:** CMC Joint pain, CMC Joint Arthritis, or CMC Joint Instability



1. Insert thumb into splint as shown.
2. While pulling to apply tension to the longer brace strap, wrap the split straps around wrist until loop has engaged the hook at the wrist.
- 2a. Hold base with fingers of the affected hand.
3. Affix CMC buttress pad (crescent or round) to the base of the thumb on the palmar surface as shown.
4. Wrap wider wrist strap (1) around the wrist until it engages the hook and loop. Secure the narrower strap (2) around the base of the thumb and back towards the front of the wrist, securing the buttress pad in the process.
5. Palmar view of a properly applied CMC Thumb Wrap.

**Use and Care:** Hand wash in cold water using mild soap. Rinse thoroughly, dry with a towel then air dry only. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

**Warning:** This product is to be used under the supervision of a medical professional. If you experience any pain, swelling, sensation changes, or any unusual reaction while using this product, consult your medical professional immediately.

**Warning:** Neoprene supports should not be worn by individuals with known susceptibility to dermatitis or allergies to neoprene.

**Warranty:** Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of 6 months from the date of purchase.

**Caution:** Federal Law (U.S.A) restricts this device for sale by or on the order of a licensed healthcare professional.