

## Warning:

- Read and understand these instructions before assembling or using the folding walker
- Do not use this product without proper instruction from a healthcare professional.
- This product has a maximum user weight of 300 pounds
- Topshelf orthopedics assumes no responsibility for any damage or injury caused by improper installation, assembly or use of this item.
- Before using the folding walker, ensure that the release mechanisms are locked in the open position and that the push pins protrude fully through the height adjustment holes.
- Inspect walker weekly for proper function and wear.
- Always use caution when using this product on wet or slippery surfaces
- All wheels must be in contact with the floor and/or ground at all times.
- Do NOT use the walker to walk backwards, down gradients or to climb stairs, curbs or to go over obstacles.
- Do NOT perform any adjustments to the walker while in use.
- Do NOT hang anything from the frame of the rolling walker

## Watch for:

- Furniture
- Throw rugs
- Toys on the floor
- Water or oil on the floor
- Electrical cords
- Bedspread corners

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## Walker With or Without Wheels Instructions For Use

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# Walker With or Without Wheels

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### Assembly of the Walker

1. Remove closed walker from carton.
2. Install legs by depressing the height adjustment button and slide into walker frame until the button engages in the desired adjustment hole. Adjust all leg attachments to the same height.
3. To open walker, push handgrips and sides out away from each other until the release mechanisms lock into place.

### Closing the Walker

1. Push downward on release button and hold.
2. Grab one handgrip and push inwards towards center of walker.
3. Repeat for other handgrip



### Adjusting the Height

**Note:** Height adjustment should be made before operation. Consult with healthcare professional for proper adjustment.

1. To adjust the height of the leg attachment, depress the adjustment button and slide upwards or downwards to the desired height.
2. Adjust the height of the walker by aligning all four leg attachments to the same position height.

When walking, the user should grasp one handgrip in each hand, positioning body between the two rear walker legs, and walking at a comfortable pace. The rear walker legs should be in contact with the floor at all times.

Watch out for electrical cords in your path, water or oil on the floor, throw rugs, toys, bedspread corners, and furniture.



### User Instructions

1. Align the middle of your feet with the back legs of the walker.
2. Place the walker in front of you with all four legs on the floor.
3. Carefully step forward one foot at a time.

**Use and Care:** Wipe clean with damp cloth.

**Warranty:** Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of 6 months from the date of purchase.

**Caution:** Federal Law (U.S.A) restricts this device to sale by or on the order of a licensed healthcare professional.